



ODC OUTLOOK

OPEN DOOR CENTER

July/August 2021

TRAINING

Training is an integral part of the lives of the Open Door Center employee. There are requirements for new employees and ongoing training obligations for all staff. Of course, for those who are new to the world of service provision in community providerships there is forty-hours of intense learning offering an overview of the operations of the Open Door Center, its history and information on staff rights and responsibilities.

Additionally, there are hours of instruction in medical know how that includes First Aid, CPR, Medication Administration, Understanding Seizures, Position, Turning and Transferring for starters. These segments will often include book learning and hands-on demonstration of the written word and visual protocol. There is also information on the rights of people served and the protections of those rights. These are in the form of such topics as Abuse, Neglect, Mistreatment and Exploitation, People First Language, and many other modules and documents too numerous to enumerate in this article. However, one of the most important educational necessities to assist in protecting the safety of both people served and staff is Nonviolent Crisis Intervention or commonly referred to as NCI.

The guiding principle of NCI is that physical intervention in a crisis is to be used only as a last resort. Crisis as defined by the dictionary is “a crucial stage or turning point in the course of a sequence of events.” This course emphasizes recognizing a crisis and staff are instructed to watch for and counteract, when possible, the development of the crisis. Step one is to be aware of a change in a person’s behavior such as an increase or decrease in conversation or in physical actions but is usually a variance from normal activity or something different in the person’s normal actions. The person may quit talking or talk too much or perhaps become physically very still or exhibit increased agitation in movement. During this stage, the staff has the best opportunity to decrease the intensity of the crisis. The staff may ask questions with a nonjudgmental approach. It’s best if the staff uses a clear, normal tone of voice, volume, rate, and rhythm of speech that reflects a calmness. Trying to discuss the difficulty often provides the opportunity for both parties to settle on a solution. However, if the discussion does not produce a reduction in unwanted

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**Open Door Center is a
non-profit corporation
serving
people with disabilities.**

Board of Directors

Bill Cook, President

Al Adams

James Buhr

Mark Diede

Grant Goven

Deb Kohler

Steve Myers - Vice President

Carol Nelson, Sec./Treas.

Jackie Owen

Gail Pederson

Leo Schmidt



REDUCE ~ REUSE ~ RECYCLE



Excellence in serving people with disabilities by:

***Respecting dignity and rights**

***Providing opportunities for growth**

***Fostering independence**

*Open Door Center is an equal opportunity
provider, and employer.*

Mary Simonson, Executive Director
Marcy Svenningsen, Director of Finance
Sherri Horsager, Human Resource

ICF/MR

Tana Plecity

Erin Halland, Staff Trainer

ISLA

Elaine Almberg

Heather Muscha

Ben Simonson

Program Directors

Matt Jensen, Children's Program

Marshall Hopp, Prairie Inn & MSLA

Cindy Schopper, Work Activity

WE WANT YOUR CANS

Open Door Center is looking for donations of *pop cans* for our individuals to crush. Once crushed they are turned in to be recycled.

Our folks get paid to crush cans and look forward to the paychecks they receive.

Cans can be dropped off at the Day Activity Center (north of Pizza Corner).

OR

If you live in the Fargo area, you can take your cans to the MinnKota Recycling center and tell them you want to donate them to Open Door Center in Valley City. They send us a check quarterly.

Please help us,
won't you?



.....continued from page 1

activity and the person begins to lose rationality, it is best to provide options for the individual to consider. Choices of this or that. This still allows the individual to remain in control by making a choice. Again, the manner of the staff's speech, demeanor, and willingness to listen is important to keep anxiety to a minimum and decelerate the crisis.

Should the individual continue to escalate staff are taught to be aware of the "personal bubble" which is 1.5 to 3 feet. It is important to be cognizant of posture, proximity and position of the person, others in the area and yourself. This along with the verbal interventions of nonjudgmental words, complete attention to the person, careful listening and restatement and paraphrasing of the problem often leads to de-escalation of the situation. Sometimes, but fortunately very infrequently, there is the need for physical intervention. However due to training programs like NCI physical intervention seldom occurs and the individual and staff are able to reflect on the situation and come to an agreeable action for everyone concerned. It takes time to develop a compromise, but a course of physical action where one is seen as the victor provides a huge stumbling block in relationship building.

*Mary Simonson, Executive Director
Open Door Center is an equal opportunity
provider and employer
(Mary's columns are written monthly for the
VC Times Record)*



MEMORIALS DONATED:

***Ina Thomsen
In Memory of:
Deb Egan
Leon Pytlik***

***Donation to Open Door Center:
Bruce Kierstead***

***The Open Door Center would
like to sincerely THANK YOU
for your donations.***



Carol was very happy to be hanging out with her sisters and enjoying the sounds of their piano playing!!

JULY BIRTHDAYS

- 1 - Betty Hansen
- 1 - Roslyn Johnson
- 2 - Grace Pilkawo
- 3 - Victoria Stearns
- 11 - Megan Banderet
- 11 - Sharissa Hochstetler
- 13 - Ben Simonson
- 13 - Linda Schaffer
- 13 - Kaelie Kosiak
- 14 - Julie LeMier
- 14 - Thea Jensen
- 14 - Helen Sherlock
- 14 - Josephine Parsons
- 14 - Becky Borud
- 15 - Louie Jungling
- 15 - Ruth Dorlus
- 17 - Jane Diemert
- 17 - Shelby Berg
- 18 - Mark Ludwig
- 20 - Michael Johnson
- 21 - Carol Grotberg
- 23 - Laurie Elston
- 23 - Sarah Howe
- 24 - Caylyn Makoff
- 24 - Melissa Meyer
- 25 - Kevin Esch
- 25 - Shawnee Kaseman
- 26 - Ina Thomsen
- 26 - Rachelle Lindeman
- 28 - Stephanie Hornbacher
- 28 - Jonathan Diede
- 29 - Lori Koebernick
- 30 - Kaitlin Anderson



JULY ANNIVERSARIES

40 Years

Elaine Almberg - Program Director
Betty Hansen - GH 2

34 Years

James Kramer - GH 2

33 Years

Kay Metcalf - Thunderbird/Amberland

28 Years

Teri Ronning - WAC

22 Years

Kellie Schulz - YAP
Justin Horsager - ISLA

15 Years

Steve Myers - Ranch

14 Years

Michelle Weber - YAP
Chris Larson - Ranch

10 Years

Rachelle Lindeman - ISLA

9 Years

Randy Dimmett - WAC

8 Years

Sandra Ley - GH 2 & DAC

6 Years

Carmen Phelps - GH 5 & DAC
Scyra Agard - YAP

5 Years

Dale Wangrud-ISLA
Mason Nicholson - Lisobn

3 Years

Starlene Abbott - WAC
Jocelyn Dumlao - GH 4

2 Years

Brandi Reinhart - GH 5 & DAC

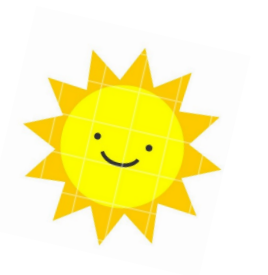
1 Year

Tina Nilsen - ISLA & WAC
Taylene Mirrya Mendiola - Prairie Inn
Timothy Cluchie - Maintenance



AUGUST BIRTHDAYS

1 - Jeremy Williams
 4 - Becky Wolhart
 4 - Matthew Dobmeier
 4 - Kiana Bakalar
 6 - Kelly Klein
 6 - Adam Liesener
 10 - Wyatt Doll
 10 - Michelle Weber
 12 - Christopher Larson
 12 - Taylene Mirrya Mendiola
 13 - Barb Anderson
 13 - Carmen Phelps
 13 - Jade Vaudrin
 14 - Leonard Krokum
 15 - Jessica Peterson
 16 - Randy Prescott
 16 - Katie Sand
 16 - Alyssa Dreyer
 17 - Brandi Reinhart
 17 - Ben Carter
 20 - Sarah Wangrud
 21 - Marshall Pederson
 22 - Heather Muscha
 23 - Patsy Hanson
 23 - Allyssa Weitkum
 25 - Roxanne Gabel
 27 - Cassie Colwell
 29 - Kay Metcalf
 30 - Jamie Schuldheisz
 31 - Dana Leick
 31 - Brandi Anderson-Johnson



AUGUST ANNIVERSARIES

34 Years
 Mark Ludwig - ISLA
33 Years
 Jody Smedhammer - Prairie Inn
32 Years
 Kathy McGough - Admin
31 Years
 Michael Venhuizen - ISLA
28 Years
 Jodee Ukestad - Nursing
26 Years
 Lori Koebernick - GH 3, Jon Diede - ISLA
25 Years
 Becky Borud - WAC
23 Years
 Stephanie Hornbacher - GH 2
21 Years
 Dennis Myers - Prairie Inn
20 Years
 Stephanie Sauter—GH 2
17 Years
 Erin Halland-Program Director/Trainer
 Russell Conway - Prairie Inn
15 Years
 Roslyn Johnson-GH 4 & 5 & DAC
 Renee Larocque - ISLA
14 Years
 Thea Jensen - YAP, Amanda Hanlon - GH 4
13 Years
 Kelly Braton - WAC, Deni Peltier - GH 2 & WAC
12 Years
 Jason Blasczyk - Lisbon
11 Years
 Marcy Svenningsen - Finance Director
 Julie Opdahl - GH 4 & WAC
9 Years
 Marie Delorme - ISLA, Natasha Esch - YAP
7 Years
 Dinah Heinze - ISLA, Matt Thorson - ISLA
5 Years
 Larissa Musgrave - YAP
4 Years
 Faith Hanson - ISLA, Collin Jensen - WAC
3 Years
 Danielle Neuberger - GH 4 & WAC
 Grace Pilkawo - GH 2, Tammy Devitt - GH 1
2 Years
 Brenda Degenstein - GH 5
 Nancy Bierke - Thunderbird/Amberland Foods
 Samuel Northup - GH 1, Barry Devitt - GH 3
 Nicholas LeMier - GH 1
1 Year
 Jaden Compson - GH 5, Sydney Schwartz - ISLA
 Colin Zawaira - ISLA, Shelby Berg - ISLA
 Melissa Meyer - ISLA



★ WE WANT YOU!!! ★



★
Interested in making a difference?
Come join our Area Management Team.
Be a part of making our
Special Olympics athletes dreams come true!!!
Contact Cindy at 701-840-1191
caschopper@gmail.com



★ ***Special Olympics*** ★



SUMMER SAFETY

- ♦ Stay hydrated. Drink plenty of fluids even if you are not thirsty.
- ♦ Use sunscreen and reapply often. Do not forget your ears and head.
- ♦ Wear loose and lightweight, light colored clothing.
- ♦ If you are outdoors, take breaks from the heat, especially during the hottest part of the day. Find shade or go indoors.
- ♦ If you feel sick and suspect it may be heat-related, sip a sports drink. Get medical help if you still don't feel better. If you experience very high body temperature, rapid pulse or dizziness it can be an emergency. Get medical help immediately.

The DAC crew was busy this spring making dog toys out of t-shirt yarn! We were able to donate many toys to the Sheyenne Valley Friends of Animals "Wags & Tails" fundraiser. The folks have fun making the yarn out of old cotton t-shirts by pulling it tight, then they helped staff square knot them into toys. These toys are not for super chewers though, it took my guy 15 seconds to shred one! - Terri S.



Carol and Mary headed to the Eagles convention in Dickinson one weekend and on the way home Carol was very excited to fight the winds and get up close to New Salem Sue. It was the highlight of her trip!!



Ina hanging out with the BINGO Winner—Tara!



You're Invited to the OPEN DOOR CENTER PICNIC

Date: Monday, August 23, 2021

Time: 6:00 - (See Schedule Below)

Place: Dacotah Pavillion at Chautauqua Park

PLEASE RSVP BY AUGUST 9TH

The Open Door Center will hold it's annual picnic at the Dacotah Pavillion in Chautauqua Park. All family, friends and staff of those who receive services through Open Door Center are invited to attend. Supper will be catered and everything is provided.

Please RSVP by August 9th. We DO need a head count to assure that we have plenty of food for everyone.

Please call 701-845-1124

HOPE TO SEE YOU THERE !!!

5:00 - Group Homes 2 & 4

5:15 - Group Homes 3 & 5

5:30 - Ranch

5:45 - Group Home 1

6:00 - EVERYONE ELSE



WE WANT YOU!!!



Come join us as a **Coach** for our
Special Olympics teams.
Contact Cindy for all the exciting details!!!

701-840-1191

caschopper@gmail.com.

Be a part of a winning team....



Special Olympics

Corner

Katie's



*As I see it from
where I sit!*

By Katie Sand

Hello Everyone

It is time once again, it is July. That means we get to celebrate the 4th of July. I hope everyone got to watch a lot of fireworks and stayed safe!! Next it will be time to go to camp. I am hoping to go swimming at camp and go on boat rides. I am excited to listen to music while I am there too. I hope I see all of my friends there!

Has everyone been having a good summer? I have! I have been going on lots of walks and also got to go to Rally in the Valley. It is fun to go do stuff but it gets hot. Please remember to wear sunscreen when you are out!

I hope everyone has an awesome summer!

Until next time.KATIE



CONGRATULATIONS

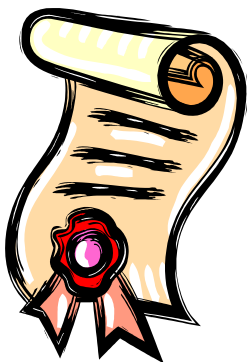
**Direct Support Professionals for
completing their modules!**

Full Time:

*Analise Hanson, Carolyn Zaun
Tara Anderson, Amanda Bjork
Brenda Dick, Alexis Nelson
Heather Muscha*

Part Time:

*Catherine Keppeh, Alaina Hanson,
Cindy Zahn*



SUMMERTIME FUN!!

***Nothing says summer more than Baseball and Fishing.
Linda, Louie and Ina headed out to a Red Hawks game and Linda
was very excited to meet Hawkeye!***



***Holly and Marshall spent the day out fishing (don't ask where as
true fishermen/fisherwomen do not tell their secret locations
when a lot of fish are caught!). A lot of crappies and one
Smallmouth Bass were caught.
I know Holly had a great time as she had been looking forward
to this fishing day for a long time!! Not too sure how she felt
about cleaning up all those fish, but all in all it looked like a
great day of fishing and sunshine!!***

WE WANT YOU!!!



Come play soccer with us.
We are looking for community athletes to join us
on our teams...adults and students (college, high
school and elementary) wanted.

Interested??? Contact Cindy: 701-840-1191 or

caschopper@gmail.com

“Help us shoot for GOLD”



Special Olympics

COMING EVENTS

JULY:

- 14 - Music in the Park - 7:15 pm**
- 15 - Movie in the Park - 9:00 pm - Trolls World Tour**
- 19 - Let's Walk Valley City - 5:00 pm - City Park**
- 21 - Music in the Park - 7:15 pm**
- 28 - Crazy Daze - Downtown Valley City**
- 28 - Music in the Park - 7:15 pm**

AUGUST:

- 4 - Music in the Park - 7:15 pm**
- 11 - Music in the Park - 7:15 pm**
- 12 - Summer Nights Downtown VC - 4 - 9 pm**
- 18 - Music in the Park - 7:15 pm**
- 19 - Summer Nights Downtown VC - 4 - 9 pm**
- 23 - ODC Picnic - Dacotah Pavillion - 6:00 pm**

Have news???
Let Nancy know.
Your news is our
news!

All Staff
Door Prize Winners:

MaY:
Tanner Clark
Ruth Dorlus

June:
Jamie Schuldheisz
Tara Anderson
Shelby Berg

CONGRATULATIONS!!



A BIG



TO NEW STAFF WHO HAVE JOINED:

Brandi Anderson-Johnson, Zachary Baumgartner, Christina Beardsley
Angelica Brown-Brech, Dana Cihak, Said Deplazes, Jocelyn Goulet
Isabel Grueneich, Molly Haugen, Cheryl Jacobson, Shawnee Kaseman
Jasmine Kennedy, Jaycee Kilborn, Tifani Komrosky
Jocelyn Kriewald, Kierra Lund, Jade Oksendahl, Ekelani Tuitasi
Michelle Wobbema, and Cindy Zahn

OPEN DOOR CENTER
129 3rd Ave. NE
Valley City, ND 58072
701-845-1124

Address Label Here

Celebrating 61 Years

WE'RE ON THE WEB!
ODCVC.COM

Charitable Donation

Please consider us when making your charitable donation. Open Door Center is a non-profit organization which receives support from the North Dakota Department of Human Services. Although it is our main funding source, it is not enough to cover all the costs of our corporation. The money received will help provide continued support and assistance to those supported by Open Door Center. We are very appreciative for the support we do already receive. If you would please consider a financial contribution to help meet the extra needs of our children and adults with disabilities, please fill out this form and return it to Open Door Center, 129 3rd Ave. NE, Valley City, ND 58072.

ENCLOSED IS MY TAX DEDUCTIBLE DONATION:
I would like my contribution:

☐ \$ 50 ☐ \$250
☐ \$100 ☐ \$500
☐ \$150 ☐ \$Other

In memory of: _____
In honor of: _____
Other: _____

May we publish your name? ☐ Yes ☐ No
Your thoughtful gift will be acknowledged to the family indicated:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

DONATE

You may also donate on our
webpage: www.odcvc.com
Hit the red **DONATE** button
on the home page and choose
the amount you wish to
donate, hit the **NEXT** button
and follow instructions. The
Open Door Center would
really appreciate this donation.