



ODC OUTLOOK

OPEN DOOR CENTER

June, 2011

National Guard Appreciated Support From WAC



WAC accepts appreciation award from Co-A 213 Brigade Support Battalion.

During the epic flood fight of 2011 the Work Activity Center staff and individuals wanted to come up with a way to lend a helping hand. Ideas were tossed around and we decided filling the stomachs of the hard workers who were keeping our town high and dry was a great way to contribute. Staff and individuals got busy and delivered a roaster full of barbeque, buns, cookies, chips, and bars to three different locations.

On April 27 the ND National Guard stopped by to award the ODC with a Certificate of Appreciation for supporting them during the flood fight. The 231st Brigade Support Battalion, commanded by Capt. Jarrod Simek, presented staff and individuals with the certificate and thanked everyone for the food and for thinking of them during the battle with the Sheyenne. The award reads, "Thank you for your support in the 2011 Flood Fighting Operations of Co-A 213 Brigade Support Battalion and the Tactical Operations Center. Your support of the ND Army National Guard is greatly appreciated."

Best of the Best Employee Recognition Award



North Dakota APSE, The Network on Employment, recognized Kelly Klein and others around the state for being "Best of the Best" at the annual NDACP convention held in Fargo, ND on May 6.

Kelly received her award for her years of service at Market Place Foods. Kelly was one of seven individuals to receive this award. She is employed at Market Place Foods in Valley City as a carryout.

Congratulations, Kelly!!

Kelly shown left with her recognition plaque. Kelly's mother Janice Klein looks on as Kelly is all smiles for the camera.



Open Door Center is a non-profit corporation serving people with disabilities.

Board of Directors

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Grant Goven
John Hill
Diane Kohn
Steve Myers - Vice President
Carol Nelson, Sec./Treas.
Gail Pederson
Leo Schmidt
Reuben Viland
Mark Diede
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FANTASIC FRIDAYS FUNDRAISER

It's finally warming up!! It's time to dig out your shorts and summer t-shirts.

Starting June 3, 2011, staff and individuals will be allowed to wear shorts on Fridays during the summer to raise money for a charity. It will cost each individual 50 cents and staff \$1 to wear their shorts to work. The only stipulation is that the shorts cannot be short shorts, the inseam must be no less than seven inches long.

A FFF committee will be formed and they will decide on how or who will benefit from the monies collected. In past years the money has gone to benefit the United Way, staff members who have had extreme medical bills due to illness, and more. Happy Summer!!!

Excellence in serving people with disabilities by:

***Respecting dignity and rights**

***Providing opportunities for growth**

Mary Simonson, Executive Director
Sharon Riedesel, Director of Rehabilitation
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Sarah McGough, Human Resource Manager

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Sue Dyck, Staff Trainer

ISLA

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Program Directors

Chris Mogensen, Children's Program
Sherri Horsager, Independent Living Program
Katie Oehlke, Prairie Inn
Cindy Schopper, Work Activity
Jennifer Humphrey, Lisbon

WE WANT YOUR CANS

Open Door Center is looking for donations of *pop cans* for our individuals to crush. Once crushed they are turned in to be recycled.

Our folks get paid to crush cans and look forward to the paychecks they receive.

Cans can be dropped off at the Day Activity Center (north of Pizza Corner).

OR

If you live in the Jamestown or Fargo area, you can take your cans to the MinnKota Recycling center and tell them you want to donate them to Open Door Center in Valley City. They send us a check quarterly.

Please help us, won't you?



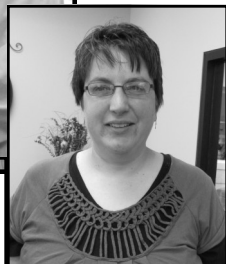
June Birthdays

- | | |
|-----------------------------|----------------------------|
| 2 - Jeanne Champagne, ISLA | 19 - Tammy Whitcomb, ISLA |
| 3 - Joanne Nguyen, GH5 | 19 - Jared Kaiser, ISLA |
| 4 - Robin Borchert, WAC | 19 - Andy Faber, Lisbon |
| 5 - Sherri Horsager, ILP | 21 - Jill Bergstedt, ISLA |
| 6 - Bradley Stalvik, GH1 | 21 - Carol Grotberg, ISLA |
| 7 - Diane Baarstad, ISLA | 21 - Lori Helt, ISLA |
| 8 - Dustin Sortland, WAC | 23 - Laurie Elston, ISLA |
| 9 - Teresa Cote, PI | 23 - Pat Downs, Ranch |
| 10 - Asha Thakkar, GH3 | 24 - Russ Conway, PI |
| 12 - Teri Stevens, DAC | 24 - Melissa Miller, GH2 |
| 12 - Erin Halland, Admin. | 26 - Mitch Fitzel, Com. |
| 13 - Diane Wagner, ISLA | 26 - Dan Johnson, ISLA |
| 13 - Janna Bitz, GH3 | 26 - Barb Omdahl, WAC |
| 13 - Linda Schaffer, ISLA | 26 - Mark Vinje, ILP |
| 13 - Elizabeth Trapp, ISLA | 27 - Ben Elder, GH2 |
| 13 - Jessica Sundquist, GH2 | 27 - Jennaca Salberg, GH4 |
| 14 - Brendan Beauclair, PI | 28 - Sue Bergstrom, ISLA |
| 14 - Eleanor Wiegand, ISLA | 28 - Jon Diede, ISLA |
| 14 - Julie LeMier, ISLA | 28 - Melissa Leroux, ISLA |
| 14 - Clarice Powers, ISLA | 28 - Kelly Braton, ISLA |
| 15 - Louie Jungling, ISLA | 29 - Jody Ellefson, Ranch |
| 15 - Elaine AlMBERG, ISLA | 29 - Kris Moritz, GH1 |
| 16 - Lucy Thompson, Lisbon | 30 - Kathy McGough, Admin. |
| 16 - Jessa Hafele, ILP | 31 - Chelsea Brown, GH4 |
| 17 - Brenda Liebenow, GH5 | |
| 18 - Carly Falk, PI | |

Happy Birthday!



Kay Metcalf, Bonnie Gordon & Zondra McDonald are ODC's Biggest Losers.



The Biggest Loser Contest Winners

From March 1 - May 31 contestants weighed in weekly to vie for the title of the Biggest Loser. We started out with 25, but a there were a few who didn't make it through the whole three months (they voted themselves off). There was well over a total of 200lbs. lost by those who were faithful to their commitment.

Kay Metcalf was the overall winner losing 9.3% of her body weight and winning \$266. Bonnie Gordon came in second place winning \$159 and Zondra McDonald came in third winning \$107. Way to go, ladies!!!

Round two of the ODC Biggest Loser began June 1 and goes until August 31. There are 23 contestants signed up for the next round. Good luck!!!



**A BIG *Welcome!* TO
NEW STAFF WHO HAVE
JOINED US RECENTLY**

**WAC
Letheo Proctor**

**WANTED: OUR FAMILY BAR
CODES/Campbell's Labels for
Education**

Bring in your Our Family brand bar codes to the WAC help raise money for Open Door Center. The Our Family Brand is sold at Marketplace. You can also drop your clean Our Family and Campbell cans in the container at Work Activity. The labels and barcodes will be removed and the cans recycled! Not only will we earn money but help the environment!

Box tops from national brand products can also be redeemed.



**OPEN DOOR CENTER COOK-
BOOKS**

AVAILABLE AT THE ODC OFFICE

What a bargain!!! **\$6 ea. or two for \$10!!!** Many tried and true recipes
Pick up some for Birthday gifts today!!!!

**JUNE
ANNIVERSARIES**

30 Years

Betty Hansen, ISLA Lisa Warner, ISLA

25 Years

Doug Krein, ISLA

24 Years

James Kramer, GH2 Mary Eggers, ISLA

23 Years

Gary Seefeldt, Ranch

21 Years

Linus DeCoteau, GH4

18 Years

Chris Mogensen, GH1

16 Years

Nicole Jones, GH1

15 Years

Jane Plecity, WAC

14 Years

Jeanne Schneider, Bkstr Becky Geisen, WAC

13 Years

Lori Helt, ILP

11 Years

Jessica Nelson, GH1

10 Years

Matt Jensen, GH1

9 Years

Tana Plecity, GH2

8 Years

Richard Roorda, ISLA

7 Years

Nancy Knutson, ISLA

5 Years

Steve Myers, Ranch Teri Cote, PI

4 Years

Chris Larson, Ranch Reine DuChateau, GH2

Oriana Peterson, GH4 Connie Plecity, GH4

3 Years

Jessica Sundquist, GH2 Brenda Liebenow, GH5

2 Years

Kayla Rodin, G Angela Gilstad, ILP Jennifer Coleman, ISLA

1 Year

Jennifer Irish, GH2 Todd Kuelbs, DAC/4 Josh Rall, WAC/3

Brady Nguyen, GH1 Dustin Sortland, WAC Terri Meyer, WAC

Brook Sonognini, GH1 Tiffany Berube, Lisbon

Carly Schuler-Miller, ISLA



COMING EVENTS

June

- 3-4 - Special Olympics State Games - Fargo
- 10 - Special Olympic Golf Benefit - 11am CC
- 10 - Relay for Life - Hanna Field
- 14 - Flag Day
- 14-15 Therap Training - VCSU
- 17-18 - Rally in the Valley - Parade 10am
- 19 - Father's Day
- 21 - Summer Begins
- 21-22 - Therap Training - Bismarck
- 25 - Sibley Annual Celebration
- 25-30 - Fort Ransom Bluegrass Festivals

July

- 4 - Independence Day—CENTER CLOSED
- 6 - Music in the Park - every Wed. Night

August

- 22 - Open Door Center Picnic - Chautauqua Park
- 25 - School starts in Valley City

September

- 5 - Labor Day—CENTER CLOSED

CONGRATULATIONS

To

- Rachelle Sherman Direct Support Professional at the Lisbon Program.
- Randy Eggermont, Direct Support Professional at HI Soaring Eagle Ranch

for completing their modules!



Have news???
Let Kay know.
Your news is our news!

**Would you like to receive your
ODC News Letter by e-mail?**

Just e-mail Kay Metcalf at:

kaymetcalf@odcvc.com

We will put you on our e-mail list. You will also help save the ODC mailing expenses.



**Has your address or
phone
number changed?**

Please contact the office to update your information or e-mail kaymetcalf@odcvc.com.

Thanks

Corner

Katie's



As I see it from where I sit! By Katie Sand

The end of April was a lot of fun. The annual Assistive Technology Expo was held in Fargo. My friends Vanessa, Amanda and I and our staff Barbie O., Nancy R., and Rachel K. all went out for brunch at IHOP. After brunch we went to see all the new stuff that assists people with disabilities. I saw some old friends and met some new people. There were lots of neat gadgets.

There was another conference held in Fargo on May 4th-6th, which many staff went to. There was an awards banquet also. One of my friends was awarded for the "Best of the Best" award for working in the community. Way to go, Kelly Klein!

The beginning of May and the bad weather settled down. So track practice could go on. Volleyball and Power lifting started up also. Many of my friends are practicing as hard as they can to earn medal at the upcoming State Meet in Fargo at the beginning of June.

Many of us were busy working on Mother's Day flower pots and cards to give our moms. Happy Mother's Day!

2011 was another chance for Valley City to come together as a strong community in flood fighting. Thank you all for protecting the city and working around the clock. And yes, Valley City was "IN IT TO WIN IT" and yes we did!

Open Door Center is stepping into new technology with I-Pads. Staff are attending workshops to learn how to use them. So then they will be able to teach us. One of the days was held on May 9th, and the next one is on May 31st. I will be attending the May 31st workshop. It is going to be fun to learn and use the I-Pads, and venturing into new technology.

Bye for now! Katie Sand

Arc of Barnes County Scholarship

The Arc of Barnes County is offering a scholarship in the amount of \$1000 to college juniors, seniors, or graduate students. Applications to be considered for the scholarship should be pursuing a career to work with individuals who are developmentally disabled.

Applications are available by contacting Barb Cook, 2931 118th Ave. SE, Valley City, ND 58072 or by telephone 701-845-1076.

Applications must be submitted by July 15, 2011

Chain Link Challenge Champs



Jess Nelson, Sam Ihry, Eric Hoffert and Garrett Greenwood show off their 502 chain links. The chain stretched all the way down the administration office hallway and then some.

Thank you to those who had participated in the “Chain Link” Challenge. It was great to see so many participate and be so crea-



tive. There were teams who made a “boat”, teams that made a sun, and teams that made chains.

The purpose of the chains was to show one another how “teamwork” took place in each area and to just have a simple way to say “thank you” to your fellow peers.

Everyone who participated will receive a treat with the first place group receiving a “Subway” platter or Pizza Party at their next house meeting.

Again thank you to those who participated.

Top Teams in each category:

Group Home 1: 502 chain links

ILP: 60 chain links

Day Activity: 375 chain links

OPEN DOOR CENTER
 129 3rd Ave. NE
 Valley City, ND 58072
 701-845-1124

Address Label Here

Celebrating 52 Years

WE'RE ON THE WEB!
ODCVC.COM

FINANCIAL SUPPORT

Please consider us when making your next charitable donation. Open Door Center is a non-profit organization which receives support from the North Dakota Department of Human Services. Although it is our main funding source, it is not enough to cover all the costs of our corporation. We need and also receive many types of tax deductible donations from different organizations in the Valley City area as well as from family members and concerned individuals. The money received helps provide continued and future valuable assistance by Open Door Center to our programs for persons with disabilities. We are very appreciative for the support we do already receive. If you would like to consider a financial contribution to help meet the needs of our children and adults with disabilities, please fill out this form and return it to Open Door Center.

ENCLOSED IS MY GIFT

I would like my contribution: _____ To be used wherever needed
 _____ To support individuals needs _____ To support V.C. Special Olympics
 _____ In memory of: _____
 _____ In honor of: _____
 _____ Other: _____

May we publish your name? _____ Yes _____ No
 Your thoughtful gift will be acknowledged to the family indicated:

Name: _____
 Address: _____

Enclosed is my tax deductible donation: \$100 _____ \$50 _____ \$25 _____ \$10 _____ Other _____